

Introducing

ALISON THOMPSON ART

STRESSLESSCRAFTMORE.COM





Crochet Artist

I crochet. It is my passion and makes me happy to create. I mainly enjoy creating pieces that connect with nature; flowers, butterflies, leaves. I love the texture of yarn and the way different stitches create movement and feeling to a piece. The joy that I see in people when they buy a unique crocheted item is amazing. When I create pieces around trees or branches, again, the way it connects people, drawing emotion, memories and happiness makes it such a fulfilling craft.

Crochet is a mindful activity that removes you from your day to day chores, battles and heartaches and allows you to create a moment for yourself to enjoy, renewing your soul to start your journey again.





A crocheted installation accepted in to the second Eden Unearthed exhibition held at Eden Gardens, North Ryde.

This work applies the use of yarn to a natural setting that evokes an emotional response and encourages conversation and creation. Using colour and texture, this installation has been created as a place of love. It offers an interactive space to regroup, gather your thoughts and just breathe. Look up and see large mandalas swinging in the tree, the colours glowing through the sunlight. Open the cupboard next to the bench and knit, or crochet, write notes and thoughts of how the colours inspire you, how they make you feel. When you feel ready to move on, place your craft back in the cupboard for the next person to use, to experience and to interpret in a way that makes it completely unique.

Take a moment to just Sit. Breathe. Love.

"From the moment I made contact with you; you've been a pleasure to work with. Very professional, great attitude and responsive to emails/messages.

You contact me a few days prior to our scheduled meeting to confirm our appointment. This assured me that everything was in order for our project the following week. On the day; you arrived on time and were ready to go. After a short brief on the project, you were left at your own accord to complete the task.

When we returned we were amazed at how beautiful the handmade daffodil's that were originally designed for the Cancer Council Project at Eden Gardens; was able to be repurposed on Campus.

On a number of occasions employee have stopped by the newly designed 'LOVE' sign to see their handmade Daffodils. They stand next the sign and take photos; or take their friends to see their hard work. #Bestplacetowork" Chrystal Taylor- Optus





Event: Snap Sydney 2017
News Local Commissioned

Event: Eden Unearthed 2017
Eden Gardens Commissioned



District Northern Times

news local

Artist Alison Thompson with her exhibition at Eden Gardens. Picture: Anika Greisberg



The length of crocheters all go to!

SAY IT WITH YOUR OWN HANDCRAFTED FLOWERS

As part of the spectacular Eden Unearthed exhibition, running until next February at Eden Gardens, Macquarie Park, NSW, Alison Thompson and Ciptu put together this community crafted cancer-awareness installation of handmade daffodils, called Hope Blooms. Stitchers were invited to make their own daffodils for inclusion in the installation - and Alison is continuing the project until next February. If you would like to participate in the exhibition, visit www.edengardens.com.au. For more information, visit alisonthompsonart@gmail.com or follow her on Instagram, @alisonthompsonart.

Vic - Melbourne

November 2017

Live Crochet Live! Royal Exhibition Gardens, Melbourne. A weekend of workshops and panels. Intocraft Live is an exciting new event for the modern crocheters and devotees. Open to all. \$17-200. Book now. www.intocraftlive.com.au

Vic - Geelong

November 2017

Geelong Quilting Guild. Exhibition. Quilting Guild. Waterfront Campus. Featuring a display of vintage quilts owned by Papa. Official opening by Fisher, National River Director, at 10:30am on 10/11/17. 10am-4:30pm. Entry free. www.geelongquilt.com.au

Featured items Five of the six projects seal with...

\$39+

Six my



Media: including Northern District Times, Australian Country Magazine, Homespun Magazine and Sydney Weekender

Turn tables: Our relish for city-style alfresco dining grows

IN TO BE OUT

Steven Deane

DINING 'al fresco', or eating outdoors, is becoming more common at cafes and restaurants across the northern district due to efforts to enliven the area.

Full story page 5

Who's your Local Legend

Do you know a caring community member who deserves recognition? Nominate them as a Local Legend for their chance to receive \$1,000 and \$1,000 for a charity of their choice.

\$2,000 Reward That's \$1,000 to our legend and \$1,000 to their charity!

Entries open from 1st May 2017 until the 31st October 2017.

For more information: guardianfunerals.com.au Guardian North, Ryde 9847 2244

GUARDIAN FUNERALS Great care for everyone

10-1000220194 NORTHERNDISTRICTTIMES, Wednesday, January 10, 2018 01



Workshops held with Optus Macquarie Park team members to create daffodils, both felt and crochet





Highly Commended- awarded in
category 'Dulcet'.
Jumpers and Jazz in July

Garden of Seasons
Eden Unearthed 2018
Including monthly community
workshops





Photo Shoot props for
award winning UK brand
Lilly + Sid

Selvedge DESIGNER EDGE



ALISON THOMPSON

Alison's first love is crochet (closely followed by her husband and children, she adds...). She has a background in marketing and sees her future in arts and craft. In fact, she hopes to combine her marketing and promotional ideas with craft influences. After all, a creative spirit with organised thought and a few Excel spreadsheets thrown in for good measure is bound to be a success.

Alison is inspired by nature – flowers, the ocean, trees, seasons, birds etc – and says she is most calm in that environment. That inspiration manifests itself in crochet used as an art form, to connect nature on an emotional level through the use of texture and colour.

The impact that crafting has on wellness is also in Alison's eye. "Wellness is high on my priority list and I love the way my work connects with communities, instilling a sense of love, happiness, inner calm. I aim to create a space that people can just enjoy and which they can forget about the rest of the mess in their lives – be it unfinished work deadline, the crying bub, the money worries – to just sit for a few minutes, take a few deep breaths and enjoy the colour and where it takes them," she explains.

Alison creates pieces that will not only enliven areas with colour and texture, but will also involve the community in the creation. She also teaches workshops on yarn bombing, croch flower making, crochet high tea and community craft. "I am so much about adapting workshops to suit the environment they are in. I would love to see more crochet and art-related projects in corporate environments to add colour and mindful creativity to a daily working space," she adds.

Most recently Alison created A Garden of Seasons out of crochet and real plants. It is part of the annual exhibition at Eden Garden in Sydney's North Ryde.

Alison says most people would know someone who can knit, crochet or sew. Organising community workshops to connect



a mural or wallhanging that can decorate a local shopping centre or community area will provide experienced and beginner crafters with a space where they can relax and create.

As a society, we can confidently say that craft has become much more acceptable and desirable. The health benefits have been well documented and the visual delight that the colours bring means craft is now being seen as an art form, not just a hobby to enjoy in front of the TV.

STRESS LESS CRAFT MORE

You can find Alison's latest crocheted art installation, A Garden of Seasons, at the *Eden Unearthed* exhibition at Eden Gardens, North Ryde, until the end of February 2019. To find out more about Alison Thompson's crocheted creations and workshops visit the website: www.stresslesscraftmore.com, Instagram: @alisonthompsonart and Facebook: @alisonthompsonart

Feature in Homespun Magazine December 2018

The Po
"Make sure
2018 with t
REDWOR
CHRISTM
WREATH
A cute little st
with some 3D
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ALISON THOMPSON ART

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